



Fun, Fitness, Friendship

American Volkssport Association
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Falcon Wanderers
P.O. Box Box 17162,
Colorado Springs, CO
80935-7162

DISCLAIMER: The sponsors are not liable for accidents, theft and/or material damage. Every effort will be made by sponsors to make this a safe, enjoyable, and memorable event. This event will take place regardless of weather conditions. No refunds will be given. All children under age 12 must be accompanied by an adult. All participants will be required to sign liability disclaimers.

FALCON WANDERERS VOLKSSPORT CLUB MEMBERSHIP INFORMATION: First year membership dues are \$10/person, \$16/couple, and \$20/family providing electronically distributed club information. For more information, call (719) 591-8193.

FALCON WANDERERS AND THE GARDEN OF THE GODS VISITOR & NATURE CENTER

5 KM (3.1 miles) Walk
10 KM (6.2 miles) Walk

Earth Day Walk Colorado Springs, CO Altitude: 5980 FT

April 20, 2019

IVV CREDIT ONLY



AVA-072/CO-02

RM19-113669

THIS EVENT IS FREE AND OPEN TO THE PUBLIC.

START/FINISH: Garden of the Gods Visitor & Nature Center, 1805 N. 30th Street, Colorado Springs, CO 80904.

WHEN: Saturday, April 20, 2019

START: 9:00 a.m. - 12:30 p.m. **FINISH:** By 3:30 p.m.

DISTANCES: 5 Kilometers(3.1 miles) & 10 Kilometers(6.2 miles)

REGISTRATION FEES: This is an IVV credit only walk. The pre-registration fee is the same as the registration fee on the day of the event. Therefore, all registrations will be handled at the event. The fee for IVV credit is \$3.00. Registration is free if no IVV credit is desired. Make check or money order payable to "Falcon Wanderers".

INFORMATION: Contact Carol Kinate (719) 648-9015, or Curt Converse (719) 591-8193.

FALCON WANDERERS WEBSITE: www.falconwanderers.org

CLUB E-MAIL ADDRESS: Walking@falconwanderers.org

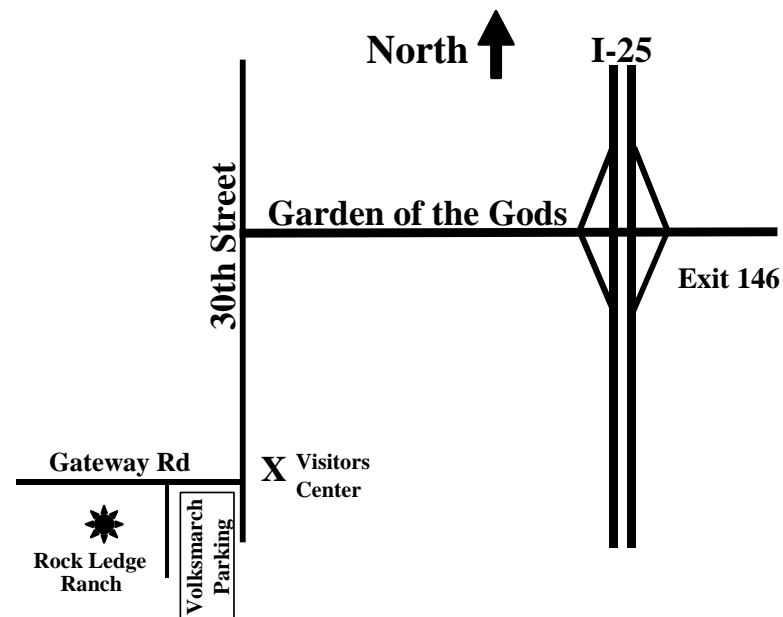
TRAIL DESCRIPTION: The walk will be on some old familiar trails as well as some under utilized areas of the park. The 5K is rated 2B and the 10K is rated 3B. Jogging strollers can complete both trails with some difficulty. Wheelchairs are not recommended. Restrooms are available at the Garden of the Gods Visitor & Nature Center and at the main parking lot of the Central Gardens. Leashed pets are welcome on the trail.

PLEASE, NO PETS INSIDE THE GARDEN OF THE GODS VISITOR & NATURE CENTER, OR THE TRADING POST.

AWARD: No award, this is an IVV credit only walk.

IVV ACHIEVEMENT AWARDS: This event counts towards the acquisition of IVV achievement awards. Bring your books. Books will be available for purchase at the start/finish.

WATER: Water available at the start/finish and manned checkpoints. Carrying water is highly recommended.



DIRECTIONS: From I-25, take Exit 146 (Garden of the Gods Road), and head west to 30th Street. Turn left (south) and proceed to Gateway Road. At Gateway Road, turn right (west) and immediately left (south) into Rock Ledge Ranch to park. **The volksmarch Start/Finish is in the Garden of the Gods Visitor & Nature Center Parking Lot. Walk from the Rock Ledge Ranch Parking Lot to the Visitor and Nature Center, as this distance is included in the total mileage of both walks. Watch for signs directing you to the Start/Finish area. When you complete your walk, you may catch the shuttle bus back to the parking lot at Rock Ledge Ranch.**

SPECIAL PROGRAMS: Walking the USA, A-Z; Walking the United States (50 States / 51 Capitals), Doin' the Louisiana Purchase, Take a Walk in a City Park, Food for Thought, Points of Reference. During the walk, if you identify any item or element that fits the requirements for additional programs, please provide us with your special program book and we will stamp it.

NEW WALKER PACKETS: As an added incentive to participate in the volkssporting achievement awards program, new walker packets will be available. These packets allow the walkers new to the sport a "running" start at a reduced rate.