

Fellowship (Group) Walk

Arkansas River Walk Cañon City, CO Altitude: 5332 FT

November 14, 2020
9:30-10:30A.M. Walk Start Time

5 KM (3.1 miles) Walk
10 KM (6.2 miles) Walk

IVV CREDIT ONLY

“B” Awards Will Be Available



NEW WALKER PACKETS: As an added incentive to participate in the volkssporting achievement awards program, new walker packets will be available. These packets allow the walkers new to the sport a “running” start at a reduced rate.

AWARD: IVV credit \$3.00; “B” award \$1.00.

IVV ACHIEVEMENT AWARDS: This event counts towards the acquisition of IVV achievement awards. Bring your books. Books will be available for purchase at the start/finish.

DISCLAIMER: The sponsors are not liable for accidents, theft and/or material damage. Every effort will be made by sponsors to make this a safe, enjoyable, and memorable event. This event will take place regardless of weather conditions. No refunds will be given. All children under age 12 must be accompanied by an adult. All participants will be required to sign liability disclaimers.

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THIS EVENT IS FREE AND OPEN TO THE PUBLIC

START/FINISH: Arkansas Valley Surgery Ctr, 933 Sell Ave, Cañon City, CO

WHEN: Saturday, November 14, 2020

START TIME: Group Walk; 9:30 – 10:30am. This will not be a Guided Walk, due to COVID-19 mandatory instructions.

*****MANDATORY COVID-19 INSTRUCTIONS***:** Bring facemasks and hand sanitizer / sanitizing wipes. Facemasks will be required within 6 feet of others. Frequent personal use of hand sanitizer and sanitizing wipes is highly recommended. Please practice social distancing at the walk start as the Event Staff work to stagger start times and safely get all walkers out on the trail. Walk instructions will be available to enable walkers to break into small groups to insure social distancing.

DISTANCES: 5 Kilometers (3.1 miles) and 10 Kilometers (6.2 miles)

SPECIAL PROGRAMS: Walking the USA, A-Z.

INFORMATION: Carol Kinate, 719-648-9015, kinathec@aol.com

FALCON WANDERERS WEBSITE: www.falconwanderers.org

CLUB E-MAIL ADDRESS: Walking@falconwanderers.org

WATER: Carrying water is highly recommended.

TRAIL DESCRIPTION: Both the 5 & 10Km trails will take you along the Arkansas River at an altitude of 5332 ft. Suitable for strollers, but not wheelchairs, the trails are rated 2B. Pets are allowed on a leash. Owners are responsible for picking up after their animals. Restrooms are available at the start/finish and along the trail.

DIRECTIONS: Entering Cañon City from the east on US Hwy 50, continue west on US 50 to 9th Street (traffic light). Turn left and proceed to Sell Avenue (immediately after crossing the river). Turn left on Sell Avenue and the Arkansas Valley Surgery Center (933 Sell Avenue) is the second building on your left. Please park at the east end of the parking lot near the John Griffin Regional Park sign.

